



An Attitude of Gratitude

It is easy for us to slip into a gray funk with the economy in disarray, threatening to take from us the comfortable lifestyles we have come to expect and enjoy. Another way for us to look at the situation in which we find ourselves is to use this as an opportunity to examine our attitude toward our possessions and blessings in general.

A spiritual perspective would lead us to be grateful for what we have rather than being worried about what we don't have or may have lost. In the world of spirituality we call this an *attitude of gratitude*. It is far more than just giving a nod of thanks. It is allowing God's Spirit to transform the entire way we view life with all its blessings.

It is so easy to think that we deserve all that we have because we have worked for it or have been smart enough to work the system in our favor. Don't be fooled! Don't fool yourself! Where did your smarts come from in the first place and why? It's all gift—and for a purpose—to share.



Give thanks. Give generously. It's Thanksgiving.