



Changing Roles & Becoming Our True Selves

A truly spiritual life for which we all yearn and strive is different than merely putting God on as a coat to wear. Rather it is being painfully stripped to our very core and having God refashion us in His image once again.

There is something in the soul which is only God. God is in the soul. The seed of God is in us. However, throughout our lives we create patterns of living that obscure this identity.

The spiritual journey entails confronting the hardened patterns that we spend a lifetime creating, patterns that oppose the life of the spirit. Overcoming them means allowing God to transform even our most prized illusions about ourselves. A major pitfall of human life is believing that these illusions we hold about ourselves are who we really are rather than being only illusions. Challenging and correcting these illusions can be painful, even more painful than the mundane crises of life.

It is no longer I who live, but Christ who lives in me. (Gal 2:20). The sacred transforming process of becoming a true person is in discovering the presence of Christ within us, and the reorganizing of our personalities in such a way that our self centered ambitions and goals are no longer the main purpose of our lives. Our purpose in life then becomes a matter of allowing God's Spirit to reform and redirect us.

Sometimes our lives become a matter of playing the various roles for which we have been scripted by society, family, church, job, friends or tradition. "Tell me what you want me to be and I will be it." If we are to continue to grow and become what God has designed us to be we must differentiate ourselves from the roles we have learned to play and discover our *true selves*.

